

| 中臺科技大學大學部四年制日間部高齡健康照護系114學年度入學課程標準表 | | | | | | | | |
|---|---|----------------|----------------------|-----------------------|------------------|------------------------|------------------|---|
| Central Taiwan University of Science and Technology Undergraduate 4-Year Daytime Department of Gerontological Health Care | | | | | | | | |
| Program Curriculum Standards for the 114 th Acadmic Year | | | | | | | | |
| 1140224系課程委員會會議修訂 | | | | | | | | |
| 1140310院課程委員會會議通過 | | | | | | | | |
| 1140319校課程委員會會議通過 | | | | | | | | |
| 學年 Academic Year | 科目 Course | 學分數 Credits | 時數 Teaching hours | 上學期 First Semester | | 下學期 Second Semester | | 備註 Remarks |
| | | | | 授課 Teaching | 實習 Internship | 授課 Teaching | 實習 Internship | |
| 核心素養(8學分) Core Competencies (8 Credits) | | | | | | | | |
| 第一學年 1 st Academic Year | 中文閱讀與表達 Chinese Reading and Expressing | 2 | 2 | 2 | | | | |
| | 大一英文(一) Freshman English (I) | 2 | 2 | 2 | | | | |
| | 大一英文(二) Freshman English (II) | 2 | 2 | | | 2 | | |
| | 資訊科技與AI應用 Information Technology and AI Application | 2 | 2 | | | 2 | | 電腦課程 Computer Course |
| 體育(2學分) Physical Education (2 Credits) | | | | | | | | |
| 第一學年 1 st Academic Year | 體育(一) Physical Education (I) | 1 | 2 | 2 | | | | |
| | 體育(二) Physical Education(II) | 1 | 2 | | | 2 | | |
| 第二學年 2 nd Academic Year | 體育(三) Physical Education(III) | 0 | 2 | | | 2 | | |
| 領域涵養(16學分) Domain-Specific Learning (16 Credits) | | | | | | | | |
| 第一學年 1 st Academic Year | 領域涵養 Domain-Specific Learning | 6 | 6 | | | 6 | | 人文、自然、社會、博學至少各選修一門 humanities, natural sciences, social sciences, and cultivation of broad knowledge -with at least one elective course from each category |
| 第二學年 2 nd Academic Year | 領域涵養 Domain-Specific Learning | 10 | 10 | 6 | | 4 | | |
| 跨域學習(4學分) Interdisciplinary Learning (4 Credits) | | | | | | | | |
| 第二學年 2 nd Academic Year | 跨域學習 Interdisciplinary Learning | 4 | 4 | 2 | | 2 | | |
| 專業必修(60學分) Professional Required Courses (60 Credits) | | | | | | | | |
| 核心基礎(8學分) Core Foundations (8 Credits) | | | | | | | | |
| 第一學年 1 st Academic Year | 長期照顧綜論 Topics in Long-term Care | 2 | 2 | 2 | | | | 定錨課程 Anchoring Course |
| | 解剖生理學 Anatomy and Physiology | 2 | 2 | | | 2 | | |
| | 生活與照顧服務綜論 Issues in Life Care and Services | 2 | 2 | 2 | | | | *輔導證照課程 *Counseling Certification Courses |
| | 老人學 Gerontology | 2 | 2 | | | 2 | | 定錨課程 Anchoring Course |
| 核心專業(52學分) Core Professional Courses (60 Credits) | | | | | | | | |
| | 生活照顧技術與實作 Life Care Skills and Practice | 2 | 2 | | 2 | | | *輔導證照課程 *Counseling Certification Courses |
| | 日常功能暨認知訓練 Daily Function and Cognitive | 2 | 2 | | | | 2 | |

| | | | | | | | | |
|--|---|---|----|---|----|---|--|--|
| 第一學年 1 st Academic Year | 公共衛生學 Public Health | 2 | 2 | | | 2 | | |
| | 高齡者營養及膳食 Nutrition and Diet for the Older Adult | 2 | 2 | | | 2 | | |
| | 功能性體適能 Functional Fitness | 2 | 2 | 2 | | | | 內含「服務學習」 Includes Service Learning |
| 第二學年 2 nd Academic Year | 生活與照顧服務實習 Practice on Eldercare and Services | 1 | 2 | | 2 | | | *輔導證照課程 *Counseling Certification Courses |
| | 失智症全人照顧概論 Introduction to Holistic Care in Cognitive Impairment | 2 | 2 | | | 2 | | |
| | 老人周全性評估 Comprehensive Geriatric Assessment | 2 | 2 | | | 2 | | |
| | 復能照護概論 Introduction to the Reablement | 2 | 2 | | | 2 | | |
| | ICOPE應用與策略 ICOPE Applications and Strategic | 2 | 2 | 2 | | | | |
| | 銀髮族休閒活動設計與規劃 Design and Planning Leisure Activities for the Elderly | 2 | 2 | | | 2 | | 內含「服務學習」 Includes Service Learning |
| 第三學年 3 th Academic Year | 機構經營與管理 Facility Management | 2 | 2 | 2 | | | | |
| | 高齡者生活空間設計與規劃 Design and Planning of Living Spaces for Older Adults | 2 | 2 | 2 | | | | |
| | 統計學 Statistics | 2 | 2 | 2 | | | | |
| | 研究方法 Research Methods | 2 | 2 | | | 2 | | 學術倫理課程 Academic Ethics Course |
| | 安寧照顧 Palliative Care | 2 | 2 | | | 2 | | 專業倫理課程 Professional Ethics Courses |
| | 照顧管理概論 Care Management | 2 | 2 | | | 2 | | 專業倫理課程 Professional Ethics Courses |
| | 銀髮族音樂照護 Seniors Music Care | 2 | 2 | 2 | | | | |
| | 實務專題(一) Practical Monograph(I) | 2 | 2 | | | 2 | | 專題製作課程 Special Project Creation |
| 第四學年 4 th Academic Year | 長照政策法規 Long-term Care Policy and Law | 2 | 2 | 2 | | | | |
| | 銀髮族與科技運用 Technological Applications in Elder | 2 | 2 | 2 | | | | |
| | 專業倫理 Professional Ethics | 2 | 2 | | | 2 | | 專業倫理課程 Professional Ethics Courses |
| | 銀髮族生涯規劃與終身學習 Seniors Lifelong Planning and Learning | 2 | 2 | | | 2 | | 專業倫理課程 Professional Ethics Courses |
| | 實務專題(二) Practical Monograph(II) | 2 | 2 | 2 | | | | 專題製作課程 Special Project Creation |
| | 高齡健康照護專業實習 Geriatric Health Care Professional Practicum | 5 | 10 | | 10 | | | 校外實習實習400小時 Off-Campus Internship Internship Duration:400 hours |
| 專業選修(62學分) Professional Electives Courses (62 Credits) | | | | | | | | |
| 第一學年 1 st Academic Year | 專業日語會話(一) Professional Japanese Conversation(I) | 2 | 2 | 2 | | | | |
| | 專業日語會話(二) Professional Japanese Conversation(II) | 2 | 2 | | | 2 | | |
| | 人類行為與社會環境 Human Behavior and the Social Environment | 3 | 3 | 3 | | | | |
| | 社會工作概論 Introduction to Social Work | 3 | 3 | | | 3 | | |
| | 老人慢性病照顧 Chronic Illnesses Care for the Elderly | 2 | 2 | 2 | | | | |
| | 養生保健 Health Preservation | 2 | 2 | 2 | | | | |
| | 醫護英文 Medical Terminology in English | 2 | 2 | 2 | | | | |

| | | | | | | | | |
|------------------------------------|---|-----|-----|----|----|----|----|---|
| 第二學年 2 nd Academic Year | 身體檢查與評估 Physical Examination and Evaluation | 2 | 2 | 2 | | | | |
| | 社會個案工作 Social Case Work | 3 | 3 | | | 3 | | |
| | 中醫學概論Introduction to Chinese Medicine | 2 | 2 | | | 2 | | |
| | 老人心理學 Elderly Psychology | 2 | 2 | | | 2 | | |
| | 銀髮族文創設計與應用Cultural Creativity Design and Application for Older Adults | 2 | 2 | 2 | | | | |
| 第三學年 3 th Academic Year | 家庭動力學 Family Dynamic | 2 | 2 | 2 | | | | |
| | 生死學 Life and Death Studies | 2 | 2 | 2 | | | | 專業倫理課程 Professional Ethics Courses |
| | 銀髮產業創新與行銷 Seniors Industrial Innovation and Marketing | 2 | 2 | 2 | | | | 創新創意課程 Innovation and creativity |
| | 高齡互動與溝通技巧 Elderly Counseling and Communicati | 2 | 2 | 2 | | | | |
| | 方案設計與計畫撰寫 Project Planning and Proposal | 2 | 2 | | | 2 | | |
| | 樂齡桌遊教案設計與應用Design and Application of Elderly Board Game | 2 | 2 | | | 2 | | 跨域學習 Interdisciplinard Learning |
| | 銀髮族生活輔具應用 The Application of Elderly ADL Device | 2 | 2 | | | 2 | | 創新創意課程 Innovation and creativity course 跨域學習 |
| | 銀髮族事業發展綜論 Issues in Elder Bussiness Developoment | 2 | 2 | | | 2 | | 創新創意課程 Innovation and creativity |
| | 長照個案研討 Long-term care case study | 2 | 2 | | | 2 | | |
| | 社會政策與社會立法 Long-Term Care Policies and | 2 | 2 | | | 2 | | |
| | 高齡健康促進 Health Promotion for the Elderly | 2 | 2 | | | 2 | | |
| 第四學年 4 th Academic Year | 失智症照顧專論 Professional Topic of Cognitive Impairment Care | 2 | 2 | 2 | | | | 專業倫理課程 Professional Ethics Courses |
| | 長期照護經營管理與品質 Long-term Care Management and Quality | 2 | 2 | 2 | | | | |
| | 銀髮族旅遊發展與計畫 Tourism Planning and Developmen | 2 | 2 | | | 2 | | |
| | 非營利組織管理 Non-Profit Organization Management | 2 | 2 | | | 2 | | |
| | 銀髮族實務選習 Internship in Elder Care | 5 | 10 | | | | 10 | 校外實習實習400小時 Off-Campus Internship Internship Duration:400 hours |
| | 第一學年小計(1) 1 st Academic Year Credits Subtotal (1) | 44 | 46 | 17 | 2 | 25 | 2 | |
| | | | | | | | | |
| | | | | | | | | |
| | 第二學年小計(2) 2 nd Academic Year Credits Subtotal (2) | 42 | 45 | 20 | 2 | 23 | 0 | |
| | | | | | | | | |
| | | | | | | | | |
| | 第三學年小計(3) 3 th Academic Year Credits Subtotal (3) | 40 | 40 | 18 | 0 | 22 | 0 | |
| | | | | | | | | |
| | | | | | | | | |
| | 第四學年小計(4) 4 th Academic Year Credits Subtotal (4) | 26 | 36 | 8 | 10 | 8 | 10 | |
| | | | | | | | | |
| | | | | | | | | |
| 合計 Total = (1)+(2)+(3)+(4) | | 152 | 167 | 63 | 14 | 78 | 12 | |

畢業規定及其他相關說明：

Graduation Requirements and Other Relevant Instructions

| | |
|---|---|
| 一 | <p>最低畢業學分為128學分，必修90學分【含核心素養8學分、體育2學分、領域涵養16學分(人文、自然、社會、博學至少各選修一門)、跨域學習4學分、專業必修60學分】，選修至少38學分（其中專業選修至少28學分）。</p> <p>The minimum graduation requirement is 128 credits, including mandatory 90 credits [comprising 8 credits for core competencies, 2 credits for physical education, 16 credits for domain enrichment (including humanities, natural sciences, social sciences, and cultivation of broad knowledge -with at least one elective course from each category), 4 credits for interdisciplinary learning, and mandatory professional 60 credits]. Elective credits must be at least 38 credits [with a minimum number of 28 credits for professional electives].</p> |
| 二 | <p>畢業前需取得本校「資訊能力」畢業資格審定暨實施要點所列之資訊相關證照，始得畢業。</p> <p>Before graduation, students must obtain the qualifications as stipulated in the "Regulations for the Assessment and Implementation of Information Literacy Graduation Qualifications" of our university, which includes obtaining the information-related certifications listed therein, in order to graduate.</p> |
| 三 | <p>有關英文能力畢業門檻之相關規定，依照「中臺科技大學大學部英(日)文畢業門檻實施要點」之規定辦理。</p> <p>The regulations regarding the graduation requirements for English proficiency are implemented in accordance with the "Implementation Guidelines for the English (Japanese) Graduation Thresholds for Undergraduate Programs at CTUST."</p> |
| 四 | <p>學院共同必修課程：失智症全人照顧概論。</p> <p>Core curriculum courses for the college：Introduction to Holistic Care in Cognitive Impairment.</p> |
| 五 | <p>畢業前必須取得單一級照顧服務員證照，始得畢業。</p> <p>Obtaining a unitary skill category of nurse aide certification is a prerequisite for graduation.</p> |
| 六 | <p>實習規定：</p> <p>1.「生活與照顧服務實習」需至校外實習共40小時。</p> <p>2.「高齡健康照護專業實習」需至校外實習共400小時。</p> <p>3.生活與照顧服務綜論、生活照顧技術與實作任一科目不及格(含未修)，不得進行「生活與照顧服務實習」。</p> <p>4.「老人學、老人周全性評估、生活與照顧服務綜論、生活照顧技術與實作、及生活與照顧服務實習」任一科不及格(含未修)，不得進行「高齡健康照護專業實習」。</p> <p>5.生活與照顧服務實習不及格(含未修)，不得進行「高齡健康照護專業實習」，但得同時進行實習。</p> <p>Internship Regulations:</p> <p>1."Practice on Eldercare and Services" requires 40 hours of off-campus internship.</p> <p>2."Geriatric Health Care Professional Practicum" requires 400 hours of off-campus internship.</p> <p>3.Failing (including not taken) either the Life Care Skills and Practice and Care Services or Issues in Life Care and Services disqualifies students from participating in the "Practice on Eldercare and Services"</p> <p>4.Failing (including not taken) any one of the following subjects: Gerontology, Comprehensive Geriatric Assessment, Issues in Life Care and Services, Life Care Skills and Practice and Care Services, or Practice on Eldercare and Services disqualifies students from participating in the "Geriatric Health Care Professional Practicum"</p> <p>5.Failing (including not taken) the "Practice on Eldercare and Services" disqualifies students from participating in the "Geriatric Health Care Professional Practicum" but they may undertake the internship simultaneously</p> |

| | |
|----|---|
| 七 | <p>*為勞動部勞動力發展署單一級照顧服務員考照課程。</p> <p>*The unitary skill category of nurse aide certification course offered by the Ministry of Labor's Bureau of Labor Affairs.</p> |
| 八 | <p>大學部學生，需依「中臺科技大學學術倫理教育課程實施要點」完成「學術倫理教育」相關課程修習後，提交任課老師列入成績考核。</p> <p>Undergraduate students are required to complete relevant courses on academic ethics education in accordance with the 'Implementation Guidelines for Academic Ethics Education Courses at the Central Taiwan University of Science and Technology. After completing the courses, students must submit their performance to the respective instructors for grading.</p> |
| 九 | <p>具有護士執照、護理師、單一級(或丙級)照顧服務員證照者，可免修「生活照顧技術與實作」及「生活與照顧服務實習」，不足學分需以專業選修學分補足。</p> <p>Individuals holding a nursing license, registered professional nurse, unitary skill category of nurse aide certification are exempt from taking " Life Care Skills and Practice" and "Practice on Eldercare and Services". Any credit deficiencies must be compensated with professional elective credits.</p> |
| 十 | <p>大一新生於入學第一學期需修習「銜接課程_基礎照服概論課程」。</p> <p>Freshmen in their first semester are required to take the "Transition Course_Pathway Program- The Basic Concept of Long Term Care" course".</p> |
| 十一 | <p>學生於前2年需修習「班級永續經營課程(一)、(二)、(三)、(四)」，「班級永續經營課程(一)、(二)」成績及格，可認列為「跨域學習」學分；「班級永續經營課程(三)、(四)」成績及格，可認列為「一般選修」學分。依規定學生需取得「班級永續經營課程(一)、(二)」之學分或取得「愛校服務認證」始得畢業。</p> <p>Students need to take "Class Sustainable Management Course (I), (II), (III), and (IV) " in the first 2 years. Passing the "Class Sustainable Management Course</p> |
| 十二 | <p>境外生於畢業前需修習「進階華語(一)」及「進階華語(二)」兩門課程。</p> <p>International students must complete the courses "Advanced Chinese Language(I)" and "Advanced Chinese Language(II)" before graduation.</p> |