

中臺科技大學大學部四年制進修部高齡健康照護系113學年度入學課程標準表

1130304系課程委員會會議通過
1130326院課程委員會會議通過
1130403校課程委員會會議通過

| 科目類別 | 科目名稱 | 學分數 | 時數 | 第一學年 | | | | 第二學年 | | | | 第三學年 | | | | 第四學年 | | | | 備註 | |
|---|---|-----------|-----------|------------|------------|-----------|-----------|-----------|-----------|-----------|----------|-----------|-----------|-----------|----------|-----------|----------|-----------|----------|--------------------|------------------|
| | | | | 上 | | 下 | | 上 | | 下 | | 上 | | 下 | | 上 | | 下 | | | |
| | | | | 授課 | 實習 | 授課 | 實習 | 授課 | 實習 | 授課 | 實習 | 授課 | 實習 | 授課 | 實習 | 授課 | 實習 | 授課 | 實習 | | |
| 核心素養 | 中文閱讀與表達 Chinese Reading and Expressing | 2 | 2 | 2 | | | | | | | | | | | | | | | | | |
| | 大一英文(一) Freshman English (I) | 2 | 2 | 2 | | | | | | | | | | | | | | | | | |
| | 大一英文(二) Freshman English (II) | 2 | 2 | | 2 | | | | | | | | | | | | | | | | |
| | 資訊科技與應用 Information Technology and Application | 2 | 2 | 2 | | | | | | | | | | | | | | | | 電腦課程 | |
| 小計(1) | 8 | 8 | 6 | 0 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| 體育 | 體育(一) Physical Education (I) | 1 | 2 | 2 | | | | | | | | | | | | | | | | | |
| | 體育(二) Physical Education (II) | 1 | 2 | | 2 | | | | | | | | | | | | | | | | |
| | 體育(三) Physical Education (III) | 0 | 2 | | | 2 | | | | | | | | | | | | | | | |
| 小計(2) | 2 | 6 | 2 | 0 | 2 | 0 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| 領域涵養 | 領域涵養 Domain-specific Learning | 16 | 16 | | | 4 | | 4 | | 4 | | 4 | | | | | | | | 人文、自然、社會、博學至少各選修一門 | |
| | 小計(3) | 16 | 16 | 0 | 0 | 4 | 0 | 4 | 0 | 4 | 0 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| 跨域學習 | 跨域學習 Interdisciplinary Learning | 4 | 4 | | | | | 2 | | 2 | | | | | | | | | | | |
| | 小計(4) | 4 | 4 | 0 | 0 | 0 | 0 | 2 | 0 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| 通識教育小計(一)=(1)+(2)+(3)+(4) | | | | 30 | 34 | 8 | 0 | 8 | 0 | 8 | 0 | 6 | 0 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | |
| 專業必修 | 解剖生理學 Anatomy And Physiology | 2 | 2 | | | 2 | | | | | | | | | | | | | | | |
| | 生活與照顧服務綜論 Issues on Eldercare and Services | 2 | 2 | 2 | | | | | | | | | | | | | | | | *輔導導讀課程 | |
| | 長期照顧綜論 Topics in Long-term Care | 2 | 2 | | 2 | | | | | | | | | | | | | | | 定編課程 | |
| | 老人學 Gerontology | 2 | 2 | 2 | | | | | | | | | | | | | | | | 定編課程 | |
| | 小計(5) | 8 | 8 | 4 | 0 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |
| | 生活照顧技術與實作 Life Care Skills and Practice | 2 | 2 | | 2 | | | | | | | | | | | | | | | | *輔導導讀課程 |
| | 日常功能暨認知訓練 Daily Function and Cognitive Training | 2 | 2 | | | 2 | | | | | | | | | | | | | | | *輔導導讀課程 |
| | 生活與照顧服務實習 Practice on Eldercare and Services | 1 | 2 | | | | | 2 | | | | | | | | | | | | | *輔導導讀課程 |
| | 公共衛生學 Public Health | 2 | 2 | | | | | | 2 | | | | | | | | | | | | 服務學習課程 |
| | 功能性體適能 Functional Fitness | 2 | 2 | 2 | | | | | | | | | | | | | | | | | |
| | 老人周全性評估 Comprehensive Geriatric Assessment | 2 | 2 | | | | | 2 | | | | | | | | | | | | | |
| | ICOPE應用與策略 ICOPE Applications and Strategic | 2 | 2 | | | | | 2 | | | | | | | | | | | | | |
| | 高齡者營養及膳食 Nutrition and Diet for the Older Adult | 2 | 2 | | | | | | 2 | | | | | | | | | | | | |
| | 失智症全人照顧概論 Introduction to Holistic Care in Cognitive | 2 | 2 | | | | | | | 2 | | | | | | | | | | | |
| | 復能照顧概論 Introduction to the Reablement | 2 | 2 | | | | | | | 2 | | | | | | | | | | | |
| | 銀髮族休閒活動設計與規劃 Design and Planning Leisure Activities for the Elderly | 2 | 2 | | | | | | | 2 | | | | | | | | | | | 服務學習課程 |
| | 照顧管理概論 Care Management | 2 | 2 | | | | | | | | | 2 | | | | | | | | | 專業倫理課程 |
| | 銀髮族音樂照護 Seniors Music Care | 2 | 2 | | | | | | | | 2 | | | | | | | | | | |
| | 統計學 Statistics | 2 | 2 | | | | | | | | 2 | | | | | | | | | | |
| | 高齡健康照護專業實習(一) Geriatric Health Care Professional Practicum(I) | 3 | 4 | | | | | | | | | 4 | | | | | | | | | *校外實習120小時 |
| | 方案設計與計畫撰寫 Project Planning and Proposal Writing | 2 | 2 | | | | | | | | | | 2 | | | | | | | | |
| | 研究方法 Research Methods | 2 | 2 | | | | | | | | | | 2 | | | | | | | | |
| | 高齡者居家安全設計與規劃 Older Adult home safety design and | 2 | 2 | | | | | | | | | | 2 | | | | | | | | |
| | 機構經營與管理 Facility Management | 2 | 2 | | | | | | | | | | | 2 | | | | | | | |
| | 實務專題(一) Practical Monograph(I) | 2 | 2 | | | | | | | | | | | | 2 | | | | | | 專題製作課程 |
| | 銀髮族生涯規劃與終身教育 Seniors Lifelong Planning and Education | 2 | 2 | | | | | | | | | | | | | | | 2 | | | 專業倫理課程 |
| | 高齡健康照護專業實習(二) Geriatric Health Care Professional Practicum(II) | 3 | 4 | | | | | | | | | | | | | 4 | | | | | 校外實習120小時 |
| | 長照政策法規 Long-term Care Policy And Law | 2 | 2 | | | | | | | 2 | | | | | | | | | | | |
| | 實務專題(二) Practical Monograph(II) | 2 | 2 | | | | | | | | | | | | | | | | 2 | | 專題製作課程 |
| | 安寧照顧 Palliative Care | 2 | 2 | | | | | | | | | | | | | | | | | 2 | 專業倫理課程 |
| 專業倫理 Professional Ethics | 2 | 2 | | | | | | | | | | | | | | | | | 2 | 專業倫理課程 | |
| 小計(6) | 53 | 56 | 2 | 2 | 0 | 2 | 4 | 2 | 12 | 0 | 6 | 4 | 6 | 0 | 4 | 4 | 8 | 0 | 0 | 0 | |
| 專業必修小計(二)=小計(5)+(6) | | | | 61 | 64 | 6 | 2 | 4 | 2 | 4 | 2 | 12 | 0 | 6 | 4 | 6 | 0 | 4 | 4 | 8 | 0 |
| 必修合計(A)=小計(一)+(二) | | | | 91 | 98 | 14 | 2 | 12 | 2 | 12 | 2 | 18 | 0 | 10 | 4 | 6 | 0 | 4 | 4 | 8 | 0 |
| 專業選修 | 老人慢性病照顧 Chronic Illnesses Care for the Elderly | 2 | 2 | | | 2 | | | | | | | | | | | | | | | |
| | 社會工作概論 Introduction to Social Work | 3 | 3 | | | | | 3 | | | | | | | | | | | | | |
| | 行政法 Administrative Law | 2 | 2 | | | | | 2 | | | | | | | | | | | | | |
| | 老人心理學 Elderly Psychology | 2 | 2 | | | | | | 2 | | | | | | | | | | | | |
| | 養生保健 Health Preservation | 2 | 2 | | | | | 2 | | | | | | | | | | | | | |
| | 身體檢查與評估 Physical Examination and Evaluation | 2 | 2 | | | | | 2 | | | | | | | | | | | | | |
| | 人類行為與社會環境 Human Behavior and the Social Environment | 3 | 3 | | | | | 3 | | | | | | | | | | | | | |
| | 家庭動力學 Family Dynamic | 2 | 2 | | | | | 2 | | | | | | | | | | | | | |
| | 中醫學概論 Introduction to Chinese Medicine | 2 | 2 | | | | | | 2 | | | | | | | | | | | | |
| | 樂齡遊戲教案設計與應用 Design and Application of Elderly Board Game | 2 | 2 | | | | | | | | | | 2 | | | | | | | | 跨域學習課程 |
| | 實用台語會話 Applied Taiwanese Conversation | 2 | 2 | | | | | | | 2 | | | | | | | | | | | |
| | 高齡互動與溝通技巧 Elderly Counseling and Communication | 2 | 2 | | | | | | | | 2 | | | | | | | | | | |
| | 醫護英文 Medical Terminology in English | 2 | 2 | | | | | | | | | | 2 | | | | | | | | |
| | 長照個案研討 Long-term care case study | 2 | 2 | | | | | | | | | | | 2 | | | | | | | |
| | 社會政策與社會立法 Social Policy and Social Legislation | 2 | 2 | | | | | | | 2 | | | | | | | | | | | |
| | 高齡健康促進 Health Promotion for the Elderly | 2 | 2 | | | | | | | | | | 2 | | | | | | | | |
| | 失智症照顧專論 Professional Topic of Cognitive Impairment Care | 2 | 2 | | | | | | | | | 2 | | | | | | | | | |
| | 社會個案工作 Social Case Work | 3 | 3 | | | | | | | | | | | 3 | | | | | | | |
| | 銀髮族生活輔具應用 Application of the Elderly ADL Device | 2 | 2 | | | | | | | | | | | 2 | | | | | | | 創新創意課程 跨域學習課程 |
| | 銀髮產業創新與行銷 Seniors Industrial Innovation and Marketing | 2 | 2 | | | | | | | | | | | | 2 | | | | | | 創新創意課程 |
| 銀髮族事業發展綜論 Issues in Elder Business Development | 2 | 2 | | | | | | | | | | | | | 2 | | | | | 創新創意課程 | |
| 生死學 Life and Death Studies | 2 | 2 | | | | | | | | | | | | | 2 | | | | | | |
| 長期照護經營管理與品質 Long-term Care Management and | 2 | 2 | | | | | | | | | | | | | | | | | 2 | | |
| 銀髮族與科技運用 Technological Applications in Elder Care | 2 | 2 | | | | | | | | | | | | | | | | | 2 | | |
| 銀髮族旅遊發展與計畫 Tourism Planning and Development for | 2 | 2 | | | | | | | | | | | | | | | | | 2 | | |
| 非營利組織管理 Non-Profit Organization Management | 2 | 2 | | | | | | | | | | | | | | | | | 2 | | |
| 小計(7) | 53 | 53 | 0 | 0 | 0 | 0 | 14 | 0 | 8 | 0 | 4 | 0 | 13 | 0 | 6 | 0 | 8 | 0 | 0 | 0 | |
| 選修合計(B)=小計(7) | | | | 53 | 53 | 0 | 0 | 0 | 0 | 14 | 0 | 8 | 0 | 4 | 0 | 13 | 0 | 6 | 0 | 8 | 0 |
| 開課合計=必修(A)+選修(B) | | | | 144 | 151 | 14 | 2 | 12 | 2 | 26 | 2 | 26 | 0 | 14 | 4 | 19 | 0 | 10 | 4 | 16 | 0 |

畢業相關規定說明：

- 最低畢業學分為128學分，必修91學分【含核心素養8學分、體育2學分、領域涵養16學分(人文、自然、社會、博學至少各選修一門)、跨域學習4學分、專業必修61學分】，選修至少37學分(其中專業選修至少19學分)。
- 具有護士執照、單一級(或丙級)照顧服務員證照者，可抵免生活照顧技術與實作及生活與照顧服務實習。
- 畢業前必須取得單一級照顧服務員證照，始得畢業。
- 學院共同必修課程：失智症全人照顧概論。

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| 科目類別 | 科目名稱 | 學分數 | 時數 | 第一學年 | | | | 第二學年 | | | | 第三學年 | | | | 第四學年 | | | | 備註 |
|------|--|-----|----|------|----|----|----|------|----|----|----|------|----|----|----|------|----|----|----|----|
| | | | | 上 | | 下 | | 上 | | 下 | | 上 | | 下 | | 上 | | 下 | | |
| | | | | 授課 | 實習 | 授課 | 實習 | |
| 五 | 實習規定： 1.「生活與照顧服務實習」需至校外實習共40小時。 2.「高齡健康照護專業實習(一)」需至校外實習共120小時。 3.「高齡健康照護專業實習(二)」需至校外實習共120小時。 4.生活與照顧服務綜論及生活照顧技術與實作任一科目不及格(含未修)，不得進行「生活與照顧服務實習」。 5.「老人學、老人周全性評估、生活與照顧服務綜論、生活照顧技術與實作及生活與照顧服務實習」任一科不及格(含未修)，不得進行「高齡健康照護專業實習(一)」。 6.「生活與照顧服務實習」不及格(含未修)，不得進行「老人照顧專業實習(一)」，但得同時進行實習。 | | | | | | | | | | | | | | | | | | | |
| 六 | *為勞動部勞動力發展署單一級照顧服務員考照課程。 | | | | | | | | | | | | | | | | | | | |
| 七 | 本系所有課程收費標準以實際授課時數收費。 | | | | | | | | | | | | | | | | | | | |